

### ABSTRACT OF THE DISCLOSURE

A method to realize synchronization in a receiver (RX), of data (DAT) sent from a transmitter (TX) to the receiver (RX), with a signal (SIG) available in the receiver (RX). The method includes the following steps:

- in the receiver (RX) generating trigger signals (T) from the signal (SIG);
- sending the trigger signals (T) from the receiver (RX) to the transmitter (TX); and
- upon receipt of the trigger signals (T) by the transmitter (TX) sending the data (DAT) from the transmitter (TX) to the receiver (RX).